

الجمهورية الجزائرية الديمقراطية الشعبية  
وزارة التعليم العالي و البحث العلمي

Université Abou Bekr Belkaid  
Tlemcen Algérie



جامعة أبي بكر بلقايد

تلمسان الجزائر

**titre:**

***improving the oxidative status in aging men by  
fruit and vegetable consumption***

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**Résumé :**

*the aim of the present study is to show if a diet composed mainly of fruit and vegetables may or may not improve, in time, the oxidative status in men at an elderly age.*

**Mot clefs:**

*aging, obesity, fruit and vegetable consumption, oxidative stress.*

**Source :**

*institut national de la sante et de la recherche medicale(7-/02/2012)*